

*Pediatric
Resource
Guide*

Revised 12/19/2012

Table of Contents

- 1. Breastfeeding & Nutrition Resources*
- 2. Car Seats*
- 3. Chiropractic Services*
- 4. Court & Legal Services*
- 5. Crisis Services*
- 6. Day Care & Play Groups*
- 7. Dental Care*
- 8. Disability Services*
- 9. Eating Disorders*
- 10. Education/Development Assistance*
- 11. Emergencies*
- 12. Eye Care*
- 13. Family Services*
- 14. Financial Services*
- 15. Medical Services*
- 16. Pregnancy Resources*
- 17. Prescription Assistance*
- 18. Protective Services*
- 19. Substance Abuse*
- 20. Teen Centers*
- 21. Transportation*

Breastfeeding & Nutrition Resources

Addison County Home, Health and Hospice

254 Ethan Allen Hwy. New Haven, VT
9802) 388-7259 or (800) 639-1521
www.achhh.org

Tricia Cass, BSS, ICCE, IBCLC
(802) 453-6655

Vicki Kirby, RN, IBCLC
(802) 236-4136

La Leche League

Breast feeding support, monthly meetings & phone help
Meetings at Junebug Resale Shop
5 Park St. Middlebury, VT
Contacts:

Samantha 382-1589 Kathy: 453-3087
Emily 388-0363 Tricia 453-6655

Lactation Resources of Vermont
(802) 878-6181

Porter Medical Center-Newborn Nursery
(802) 388-4701

WIC

Nutrition program that helps pregnant women, new mothers and young children eat well, learn about nutrition and stay healthy
(802) 388-4644

<http://healthvermont.gov/wic/index.aspx>

Car Seats

Installations/Checks/Discounts

Bristol Police Dept. Fitting Station

45 Monkton Rd.
Bristol, VT
(802) 453-2410

- 1st Saturday of month
10:00am-2:00pm
- 3rd Tuesday of month
3:00pm-6:00pm

Middlebury Volunteer Ambulance

55 Collins Dr.
Middlebury, VT
(802) 388-3286

- 1st Saturday of month
9:00am-12:00pm

Vergennes Area Rescue

106 Panton Rd.
Vergennes, VT
(802) 877-3683

- 3rd Saturday of month
9:00am-1:00pm

CPS Techs

Shannon Babbie

Fletcher Allen
Shannon.babbie@vtmednet.org
(802) 847-3676

Beth Bearor

Vergennes Ambulance
Bethmorgan1985@hotmail.com
(802) 758-2331

Elizabeth Eddy

Middlebury Pediatrics
Elizabetheddy84@hotmail.com
(802) 388-7959

Kevin Emilio

Middlebury Police
kemilio@middleburypolice.org
(802) 388-3191

Maria Farnsworth

Middlebury Ambulance
mfarnsw@middlebury.edu
(802) 443-5473

Brian Fox

Brian.fox@state.vt.us
(802) 453-2533

Kevin Gibbs

Kevin.gibbs@state.vt.us
(802) 453-2533

Nancy Klopfenstein

Tapestry Midwife
nklopfenstein@comcast.net
(802) 877-0022

Charles Welch

Vergennes Ambulance
Vars110@gmail.com
(802) 877-3683

Lauren Young

Rainbow Pediatrics
Lauren.young79@gmail.com
(802) 388-1338

Chiropractic Services

Chiropractic Health & Wellness

14 School St. Suite 105
Bristol, VT
(802) 453-5588

Clear Connection Chiropractic

www.transformyourlifechiro.com

152 Maple St #302
Middlebury, VT
(802) 398-2001

Kelly Winfield, DC

25 Main St. Suite C
Bristol, VT
(802) 453-6010

McDaniel Chiropractic Center

www.mcdanielchiro.com

1330 Exchange Street #105
Middlebury, VT
(802) 388-0970

Middlebury Chiropractic

Accepts Medicaid

www.middleburychiropractic.com

103 Court Street
Middlebury, VT
(802) 388-6376

Nicholas Cannon, DC

Accepts Medicaid

1641 Rte 7 South
Middlebury, VT
(802) 458-0488

www.integratedmed.org

Vermont Spine Works & Rehabilitation

Accepts Medicaid

www.vermontspineworks.com

99 Court Street
Middlebury, VT
(802) 388-3400

Court & Legal Services

Office of Child Support

State agency responsible for establishing, collecting upon, enforcing and modifying support orders for children who do not live with both parents

Addison County (802) 786-5060

http://def.vermont.gov/ocs/contacts_offices

Supervised Visitation Program

(802) 388-6783

www.safevisitsvt.org

Vermont Legal Aid

Burlington, VT

(802) 863-5620 or (800) 889-2047

Crisis Services

Counseling Service of Addison County (CSAC)

For emergency services 24 hours a day
(802) 388-7641

www.csac-vt.org

Womensafe

Works toward elimination of physical, sexual and emotional violence against women & their children through direct service, education and social change
Within Addison County (802) 388-4205
Community Education (802) 388-9180

www.womensafe.net

1-800-PPD-MOMS

Postpartum depression
(800) 773-6667

www.1800ppdmoms.org

Crisis Chat

Online emotional support
www.crisischat.org

IMALIVE.ORG

Online suicide prevention
www.imalive.org

National Hope Network

Will connect caller to closest volunteer
(800) 784-2433

National Suicide Prevention Hotline

(800) 273-8255

R.U.1.2.? Queer Community Center/Safespace

Website has dozens of links to resources
Information & services

(802) 863-0003

(866) 869-7341

www.re12.org

The Trevor Project

The leading national organization providing crisis intervention and suicide prevention services to gay, lesbian, bisexual, transgender and questioning youth

(866) 488-7386

www.thetrevorproject.org

Youth America Hotline

Counseling for teens by teens
(877) 968-8454

Prevent Child Abuse Vermont

Education in increasing family cohesion, empathy, self-esteem and decreasing family conflict

(800) 244-5373 or (802) 229-5724

www.pcavt.org

SCOPE (Shelter, Counseling, Outreach, Prevention and Education)

Works to prevent placement of adolescents in foster care. Helps teens who are homeless, runaway or high risk. Also has activities open to general teen population.

(802) 388-6751

Day Care & Play Groups

**Addison County Parent Child
Ctr.**
(802) 388-3171

**Rutland County Parent Child
Ctr.**
(802) 775-9711

**Champlain Troubadour, Lake
Champlain Maritime Museum**
Vergennes, VT
(802) 475-2022

Storytime at Vergennes Library
Vergennes, VT
(802) 877-2211

Child Care & Daycare Information

List of licensed & registered day care
providers
(802) 388-4304

Dental Care

Berlin

Northern VT oral & Facial Surgery

310 Fisher Rd.
(802) 223-2364

Brandon

Thomas Coleman, DDS Benjamin Lawton, DDS

5 Carver St.
(802) 247-3336

Middlebury

Associates in Orthodontics

98 Court St.
(802) 388-2222

Middlebury Dental Group

1330 Exchange St.
(802) 388-3553
www.middleburydentalvt.com

James Daly, DDS

152 Maple St.
Suite 201
(802) 388-4432

Harvey Green, DDS

57 Court St.
(802) 388-2727

Erik Koskinen, DDS

9 Court St.
(802) 388-6404

Larrow Family Dentistry

80 Court St.
(802) 388-7251

Maple View Oral & Maxillofacial Surgery

58 Court St.
(802) 388-6344
www.mapleviewoms.com

Saltzman Dental Group

Accepts Medicaid

11 Court St.
Offers discounted care for low
income/uninsured patients
\$58 exam fee, \$23 one x-ray fee, \$125
simple extractions, \$195 surgical
extraction
(802) 388-7045

Rutland

Community Health Center of Rutland Regional

Accepts Medicaid

215 Stratton Rd.
(802) 774-5050

Oral Surgery Associates

Accepts Medicaid
155 Woodstock Ave.
(802) 747-9100

Vergennes

Addison County Dental Care

Frank Robert, DDS
23 South Water St.
(802) 877-6710

Gregory Maurer, DDS

46 New Haven Rd.
(802) 877-2110

Waitsfield

Valley Dental Associates

138 Fiddlers Green
(802) 496-2524

Williston

VT Technical College

201 Lawrence Pl.
\$20 dental hygiene, \$10-\$25 x-rays
Some restorative work for ½ price
(802) 879-5643

Disability Services

Hearing and Speech Impaired

(800) 799-4889

The Independence Fund

State of Vermont affordable financing for home & vehicle modifications, wheelchairs, scooters, computers, assistive equipment, hearing aids and dentures

(800) 865-8328

www.oppsvt.org/independence-fund-loans/

Lion's Club

Vision & hearing needs

(888) 885-4667 x298

Office of Disability Determination Services (DDS)

Determines eligibility of Vermonters who apply for Medicaid, SSDI & SSI

(800) 734-2463

<http://dcf.vermont.gov/dds>

Vermont Association for the Blind & Visually Impaired

(802) 863-1358

www.vabvi.org

Vermont Center for the Deaf and Hard of Hearing

(802) 879-4787

<http://vcdhh.org>

Vermont Interpreter Referral Service

Provides statewide interpreter and CART referral services for American Sign Language (ASL)/Spoken English/oral interpreting assignments in settings such as medical, legal, mental health, employment, educational, civil and recreational activities

(800) 639-1519

www.virs.org

VT Federation of Families

Children's mental health. Support families & children where child age 0-22 is experiencing or at risk for emotional, behavioral or mental health challenges

(802) 876-7021 or (800) 639-6071

www.vffcmh.org

Eating Disorders

Elena Ramirez

sees teens & adults
595 Dorset St. #2
S. Burlington
(802) 651-8999

Christina Allen

sees kids
595 Dorset St. #2
S. Burlington
(802)651-8999

The Adams Center for Mind & Body

1233 Shelburne Rd.
Pierson House, S. Burlington
(802) 859-1577

VT Center for Integrative Therapy

sees kids & adults & group counseling
364 Dorset St. #204
S. Burlington
(802)658-9440

Martha Coulter

1 Commons St.
Rutland
(802)775-6400

Jane Garbose

36 Main St.
Middlebury
(802)281-4144

Pam Carter

54 Main St.
Middlebury
(802)431-0331

Anie Sklar

sees kids & families
47 Court St.
Middlebury
(802)377-9448

Charlie Rossi

sees kids & families
133 Elm St.
Montpelier
(802)223-1625

Peggy Sax

sees kids & families
228 Maple St.
Middlebury
(802)388-1032

Beth Keathley

sees kids & families
64 Main St.
Middlebury
(802)388-3090

Education/Development Assistance

Champlain Valley Head Start

A program of CVOEO

Children ages 3-5

(800) 854-9648 or (802) 651-4180

www.champlainvalleyheadstart.org

Child Care & Daycare

Information

List of licensed & registered day care providers

(802) 388-4304

Essential Early Education

Pre-school screening, evaluation and education programs. School readiness

(802) 388-2971 or (802) 453-3674

Family, Infant & Toddler

Project of VT

Families of children birth to 3 years

108 Cherry St. Burlington, VT

(800) 870-6758

March of Dimes- VT Chapter

Information & Services

(802) 560-4822

www.marchofdimes.com/vermont

Voices for VT's Children

Promotes public policy that enhances the lives of VT children

(802) 229-6377

www.voicesforvtkids.org

In Case of an Emergency

911

Poison Control
(800) 222-1222

Middlebury Police
(802) 388-3191

Middlebury Fire Dept.
(802) 388-4462

Eye Care

Berlin

Optical Expressions

Accepts Medicaid
282 Berlin Mall Rd.
(802) 223-2090

Middlebury

Dr. Lisa Alexander

Accepts Medicaid
Ophthalmologist for low income patients
76 Court Street, Suite 2
(802) 388-3937

Eye Care Associates

Accepts Medicaid
1330 Exchange St.
(802) 388-6565

Middlebury Eye Associates

91 Main St.
(802) 388-2811

Shelburne

Hayes Sogoloff, OD

5138 Shelburne Rd.
Suite 22A
(802) 985-2210

Shelburne Eyeworks

2989 Shelburne Rd.
(802) 985-8333

Vergennes

Peak View Eye Care

27 Main St.
(802) 877-2422

Williston

Walmart

Taft Corners
\$77 eye exam
(802) 878-5233 (ask for vision ctr.)

Family Services

Addison County Kid Swap

Group on Facebook that people list children/baby items for sale or that are needed.

- Log into Facebook and type the Addison County Kid Swap into the search bar at the top.
- Join group to get updates.

www.facebook.com

Addison County Parent Child Center

Services to young parents & children
(802) 388-3171

www.addisoncountypcc.org

Counseling Service of Addison County (CSAC)

For emergency services 24 hours a day
(802) 388-7641

www.csac-vt.org

Department of Children & Families (DCF)

Addison County- child services, counseling, physical & sexual abuse complaints
(802) 388-4660

Family Focus

Parent resource line
(800) 639-1577

Family, Infant & Toddler Project of VT

Families of children birth to 3 years
108 Cherry St. Burlington, VT
(800) 870-6758

Lund Family Center

Comprehensive treatment center and family support agency, offering an array of integrated services in response to the needs of pregnant or parenting teens and women, adoptive families and children.

www.lundvt.org

Referral line (802) 879-3000

www.lli.org

Financial Services

Champlain Valley Office of Economic Opportunity (CVOEO)

Assistance with fuel & utility bills, income taxes, rebates, housing, food shelf, food stamp outreach, farmer's market coupons, nutrition education, head start, emergency food and summer food service program.

(802) 388-2285

(800) 639-2318

www.cvoeo.org

Economic Services Division of DCF

Helps Vermonters meet their basic needs through programs such as 3SquaresVT, Essential Person, Fuel Assistance and Reach Up.

(800) 479-6151

<http://dcf.vermont.gov/esd>

Green Mountain Care

Catamount Health

VHAP

Dr. Dynasaur

Medicaid

(800) 250-8427

www.greenmountaincare.org

Helping Overcome Poverty's Effects (HOPE)

Food, shelter, utilities, gas money, self-help, health needs, housing, clothing vouchers, advocacy and referrals

(802) 388-3608

John V. Craven Community Services Center

www.hope-vt.org

Middlebury Community Care Coalition

Volunteer-based organization dedicated to providing basic food and housing needs

(802) 388-5499

www.mccc-vt.org

Neat Repeats

Help with cost of dental work, rent, car repair, education and family assistance
3 Bakery Lane Middlebury, VT
(802) 388-4488

Porter Hospital & Porter Practice Mgmt. Financial Assistance Program

Reduced fees or free care for income eligible

Discounts 20% - 100%

PPM Billing Office (802) 388-5673

Hospital Billing Office (802) 388-4729

Vermont Student Assistance Corp (VSAC)

Helps Vermonters who want to go to college or other training after high school. Provides grants, loans, scholarships, career and education planning.

(800) 642-3177

www.services.vsac.org

Medical Services

Addison County Home, Health and Hospice

254 Ethan Allen Hwy. New Haven, VT
9802) 388-7259 or (800) 639-1521
www.achhh.org

Hearing Outreach Program (HOP)

Provides onsite hearing testing to a child of any age including young infants or those with developmental delay
HOP is “completely mobile”

Contact:

Joanna (501) 364-4319

Open Door Clinic

100 Porter Dr. Middlebury, VT
(802) 388-0137

VT Association for Mental Health & Addiction Recovery

VT Department of Health
Alcohol and drug abuse program
Screening, intervention and referrals for individuals and families
Middlebury, VT
(802) 388-0127
Montpelier, VT
(802) 223-6263
www.healthvermont.gov

VT Department of Health

Child and maternal health
(802) 388-4644

Pregnancy Resource

1-800-PPD-MOMS

Postpartum depression

(800) 773-6667

www.1800ppdmoms.org

Addison County Kid Swap

Group on Facebook that people list children/baby items for sale or that are needed.

- Log into Facebook and type the Addison County Kid Swap into the search bar at the top.
- Join group to get updates.

www.facebook.com

Care Net Pregnancy Center of Addison County

Information & Services

Marbleworks

Middlebury, VT 05753

(802) 388-7272

Lund Family Center

Comprehensive treatment center and family support agency, offering an array of integrated services in response to the needs of pregnant or parenting teens and women, adoptive families and children.

www.lundvt.org

Referral line (802) 879-3000

www.lli.org

March of Dimes- VT Chapter

Information & Services

(802) 560-4822

www.marchofdimes.com/vermont

Planned Parenthood

(802) 388-2765

WIC

Nutrition program that helps pregnant women, new mothers and young children eat well, learn about nutrition and stay healthy

(802) 388-4644

<http://healthvermont.gov/wic/index.aspx>

Prescription Assistance

Local Pharmacy Discounts & Programs

Hannaford Saver Plus

- Select oral antibiotics at no cost
- Savings on over 450 generic Rx medications in a 30-day supply for \$4 each
- Savings on over 450 generic Rx medications in a 90-day supply for \$9.99 each
- Savings on most Rx purchases & savings on both name-brand and generic medications
- Costs \$7/year to enroll
- Need to go to the nearest Hannaford to sign up
- One enrollment covers entire family (and pets)
- Additional savings for vision, hearing aids and diabetic supplies

www.hannaford.com

KinneyCare Discount Rx Plan

- More than 350 generic Rx available
- Offers 90-day supply of your Rx for \$11.99
- Costs \$10/year to enroll
- Need to go to the nearest Kinney Drugs to apply

www.kinneydrugs.com

Marbleworks Pharmacy

- \$12 for 90-day supply of drug from drug list
- Free and do not need to enroll

www.marbleworkspharmacy.com

NeedyMeds

www.needymeds.org

NY State Rx Saver Program

- Discount card for participating pharmacies for disabled, low-income or not receiving Medicaid
- (800) 788-6917

<https://nyprescriptionsaver.fhsc.com>

Partnership of Rx assistance

www.pparx.org

Rite-Aid Savings Program

- \$9.99 for a 30-day supply of select generic drugs
- \$15.99 for a 90-day supply of select generic drugs
- Savings of 15% or more on thousands of generic and brand name Rxs
- Up to a 28-day-cycle pack of select generic oral contraceptives for \$19.99
- 50 count of Rite Aid TRUEtest diabetic test strips for \$29.99
- Sign up at local Rite-Aid

www.riteaid.com

Together Rx Access

www.TogetherRxAccess.com

Protective Services

AWARE

Services for you or a friend that is experiencing sexual abuse
(802) 472-6463

www.awarevt.org

Child Abuse Reporting to DCF

(800) 649-5285

http://dcf.vermont.gov/fsd/reporting_child_abuse

Circle

Shelter and services for battered women
(877) 543-9498

www.circlevt.org

Clarina Howard Nichols Center

(802) 888-5256

www.chnc@clarina.org

Domestic Violence Hotline

(800) 228-7395

www.vtnetwork.org

Project Against Violent Encounters (PAVE)

(802) 442-2111

www.pavebennington.com

Prevent Child Abuse Vermont

Education in increasing family cohesion, empathy, self-esteem and decreasing family conflict

(800) 244-5373 or (802) 229-5724

www.pcavt.org

R.U.1.2.? Queer Community Center/Safespace

Website has dozens of links to resources
Information & services

(802) 863-0003

(866) 869-7341

www.re12.org

Safe At Home

Helps victims that have moved to escape their abusers. New address that is confidential and mail forwarding
(800)439-8683 (VT Only)

or (802) 828-0586

www.sec.state.vt.us

Sexual Assault Crisis Team (SACT)

(802) 479-5577

www.sexualassaultercrisisteam.org

Sexual Assault Hotline

(800) 489-7273

The Trevor Project

The leading national organization providing crisis intervention and suicide prevention services to gay, lesbian, bisexual, transgender and questioning youth

(866) 488-7386

www.thetrevorproject.org

VT Center for Crime Victim Services

Middlebury, VT

(802) 388-7931

Womensafe

Works toward elimination of physical, sexual and emotional violence against women & their children through direct service, education and social change

Within Addison County (802) 388-4205

Community Education (802) 388-9180

www.womensafe.net

Substance Abuse

Alcoholics Anonymous

(802) 388-9284

www.aavt.org

Narcotics Anonymous

(802) 773-5575

www.GMANA.org

Teen Challenge

For men ages 18+. Faith-based solution to drug, alcohol & other life-controlling problems. 15 month residential program.

Johnson, VT

(802) 635-7807

www.tcnwengland.org

Turning Point Center of Addison County

Peer-to-peer recovery resource

Middlebury, VT

(802) 388-4249

VT Association for Mental Health & Addiction Recovery

VT Department of Health

Alcohol and drug abuse program

Screening, intervention and referrals for individuals and families

Middlebury, VT

(802) 388-0127

Montpelier, VT

(802) 223-6263

www.healthvermont.gov

Teen Centers

Boys & Girls Club of Vergennes

(802) 877-6344

<http://bgca.org>

The Hub-Bristol Teen Center

(802) 453-3678

<http://bristol skatepark.com>

Middlebury Teen Center

(802) 388-3910

SCOPE (Shelter, Counseling, Outreach, Prevention and Education)

Works to prevent placement of adolescents in foster care. Helps teens who are homeless, runaway or high risk. Also has activities open to general teen population.

(802) 388-6751

Transportation

ACTR

Services for persons with disabilities are free. Eligibility must be approved by one of ACTR's partner agencies.

www.actr-vt.org

- **Ride Match Program**

Fee-based service available for people that are not eligible for any other services. Rides are provided by volunteer drivers and there is no limitation on the type of activity for which the service may be provided. Cost includes an admin fee that is charged for each one-way trip plus the amount reimbursed to volunteer drivers for their mileage.

Medicaid

Free service for all Medicaid-eligible residents of Addison County.

Reach-Up

Free program provided in partnership with the VT DCF. Specific services include transportation for employment-related activities, child care and other self-improvement activities.